# **Hal Abrams**

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**EMPLOYMENT** 

## 2001-Now Operations Manager - Host, Animal Radio® (Talk)

Host and produce the nationally syndicated Animal Radio® airing on 95 stations including KOST 103.5 Los Angeles. Writing and producing on-air elements. Creating campaigns for sponsorship and high-visibility events, partnerships and affiliations.

# 2000-2001 Morning Host, WUMX Charlottesville (Hot AC)

Created, produced and hosted "The Mix Morning Buzz." Developed high-visibility radio promotions. Slept in Doghouse (see accompanying papers).

# 1998-2000 Morning Host, KMXS Anchorage (Hot AC)

Created, produced and hosted "The Mix Morning Buzz." Developed high-visibility radio promotions. Wore Empathy Belly...among other things (see accompanying papers). Got great numbers!!!

## 1998 Morning Host, KBOS Fresno (Urban)

Created, produced and hosted "The Mix Morning Buzz." Developed high-visibility radio promotions. Delivered Snow to Fresno in July. Made Radio/Internet history.

# 1997-1998 Morning Host, KHTY Santa Barbara (Rock)

Created, produced and hosted "The Mix Morning Buzz." Developed high-visibility radio promotions. Put Elmo in the Chipper...but I'm not proud.

# 1996-1997 Morning Host, KCAQ Oxnard/Ventura (Urban)

Created, produced and hosted the "Live in the 805" Morning Show.

# 1995-1996 Morning Producer/Weekend Air Talent, KKBH San Diego (Oldies)

Produced mornings and pulled weekend / fill-in air-shifts.

# 1993-1995 Morning Producer, KYLD San Francisco (Hot Urban/AC)

Produced mornings. Also pulled air-shifts at the nearby KOME San Jose and KMBY Monterey.

## 1992-1993 Morning Producer / Weekend Air Talent, KRFX Denver (CR)

Produced mornings. Pulled weekend air-shifts. I also pulled air-shifts locally: Afternoon News at KHOW, Nights at KQKS, and Nights at Jones Networks CD Country format.

## 1990-1991 Afternoons / MD / APD, KQNG Kauai (AC)

Pulled air-shift. Made music decisions and applied to Selector. Created and executed fun community events. Learned and lived Hawaiian lifestyle.

## 1985-1990 Morning Producer, KPWR Los Angeles (Urban)

Produced the Jay Thomas Morning Zoo. Beat mainstay Rick Dees with creative out-of-the-box ideas and promotions. Handled all aspects of audio and sound of show.

Radio station promotion raises \$3,500 for Alaska March of Dimes

By ERIC BURKETT Daily News reporter

cal radio station's web site depicts one of its disc jockeys standing in front of a control board looking very tired and very pregnant.

But you'll be pleased to know that he gave birth Monday.

KMXS 103.1 DJ Hal Abrams delivered a 42-pound empathy belly — designed to simulate pregnancy—after wearing it 24 hours a day for 34 days. And he delivered \$3,500 to the local chapter of the March of Dimes in the process.

"When I went into this thing, I was pretty cocky," said Abrams, who hosts the station's morning show along with Selina Smith.

The promotion began when Abrams made unfortunate onair remarks about how much easier women have things than men, and his co-worker called him on it.

Women have to endure pregnancy, she pointed out. Abrams didn't seem to feel that pregnancy was such a big deal, so Smith—who's been through three of them—challenged him to wear an empathy belly.

The March of Dimes donated the device, composed of a ninemonth-distended belly, breasts and two metal knobs strategically placed to poke into the ribs, just like Junior's tiny prenatal feet. The coup de grace comes from a pouch designed to press into the bladder.

All in all, it's a 42-pound muffin in the oven devised to help induce, well, empathy in part-



KMXS morning-show disc jockeys Hal Abrams and Selina Smith raised \$3,500 for the March of Dimes.

ners or disc jockeys. Abrams pledged to wear the belly one day for each \$100 in donations given to the March of Dimes.

"After the first couple of days, it was tough, it was awkward," Abrams said. "In the last couple of weeks, I got used to it."

"He's been a very grumpy boy," Smith said.

Grumpy, perhaps, but not without reason. In order to enhance his pregnancy experience, Abrams agreed to go through several routine medical exams, including a glucose tolerance test.

"It's really a yucky one," said Susan Sullivan, state director for March of Dimes. Subjects drink a very sweet syrup, then

> have three blood tests through the day to see how they respond to the sugar, she explained. An adverse reaction could be an indication of gestational diabetes, "a serious condition."

Abrams did have the advantage of a visit with a physical therapist, who taught him the correct way to carry the additional weight when sitting or bending. And plenty of the women he encountered while wearing the belt were full of advice as well.

"We'd share little tips," Abrams said. "Many pregnant women would come up to me and rub my belly."

and rub my belly."
Others 'weren't so kind, he noted.

"There was a handful of very

bitter women who wanted me to suffer."

other hand, couldn't have been happier. The monthlong promotion gave the agency, founded by President Franklin Roosevelt to combat polio and now dedicated to preventing birth defects, plenty of opportunities to raise public awareness about its efforts.

"I think it was very effective," Sullivan said. The station's audience is composed largely of people of parenting ages, exactly the group Sullivan wants to reach. And besides raising money, it provided additional opportunities to talk to listeners on a one-to-one basis about health concerns.

Despite all that success, Abrams doesn't think that he'll do a repeat. He moved to Alaska less than a year ago and was looking forward to participating in Fur Rendezvous and the ceremonial start of the Iditarod sled dog race. Being nine months pregnant, however, prevented him from going out much, and doing remote broadcasts around Anchorage was an additional challenge.

"It's very debilitating," he said. "You don't do everything you normally do."

Abrams, already the father of a 9-year-old son, has gained a new respect for women, he said. But when it comes time to have another kid, "I'll find someone else to do the dirty work."

■ Reporter Eric Burkett can be reached at eburkett@adn.com.



STEPHEN NOWERS / Anchorage Daily News

KMXS 103.1 FM radio personalities Hal Abrams and Lauren Holladay lived inside a doghouse for five days to raise money for Friends of Pets, a local animal shelter. They raised \$11,156 to help save

stray animals from being euthanized. Holladay's dog, Zack, also stayed in the doghouse. Images from their 24-hour webcam can be found at http://www.kmxs.com.

# Dogs (and cats) have their day

# KMXS deejays go to doghouse to raise funds for Friends of Pets

By ROSE COX Daily News reporter

very dog deserves a happy home with tasty kibble, routine exercise and plenty of attention to that special spot behind the ears. But for Katie, a fluffy white Maltese, there was a glitch in the grand scheme of doghood.

The unclaimed stray landed at the Anchorage Animal Control Center. Her age was estimated at around 14 years. Her teeth were in terrible shape. Potential new owners passed her by despite her floppy little ears and big brown eyes.

Katie's future looked grim: Of the 1,007 unclaimed dogs who showed up at the facility from April 1 to June 30, only 422 were adopted, said Kate Burns, community relations coordinator at animal control.

Then Friends of Pets stepped in.

"We rescued her because of her age and medical needs," said FOP board member Michele Girault. "We wanted to make sure she got a good second-go." A visit to the vet solved Katie's dental problems and revealed her to be around 7 or 8 years old.

Stacey Eisert, who also owns a 3-year-old Maltese and a miniature schnauzer, heard about the little dog's plight when she stopped by to donate money at the KMXS 103.1 doghouse in The Mall at Sears parking

lot last week. For five days, radio announcers Hal Abrams and Lauren Holladay ate, slept and gave morning and evening broadcasts from two doghouses in the northeast corner of the parking lot. They raised more than \$11,000 for FOP.

"Friends of Pets is very near and dear to my heart," Abrams said. "I didn't mind sleeping in a doghouse, being walked on all fours with a leash and eating dog biscuits to raise donations for them.

Abrams became an FOP loyalist when he adopted Oreo - a black and white cat whose

## FOR MORE INFORMATION

To adopt a pet, make a donation or find out about Friends of Pets' 50 Percent to Prevent fund or its medical assistance and education programs, call 562-2535.

favorite foods are broccoli and cantaloupe through the organization.

I was a big cat lover before I went in, but after this week I realize there are so many wonderful dogs," Abrams said. "They give you unconditional love and they are great

Funds raised by Abrams and Holladay will help put a dent in Anchorage's future animal population through FOP's 50 Percent to Prevent fund.

Conservative estimates provided by Spay USA indicate that an unaltered female cat and her offspring can produce 11,801 cats in five years — and more than 11 million cats in nine years, according to Ethel Christenson, director of the Alaska Society for the Prevention of Cruelty to Animals. The 50 Percent to Prevent fund pays half of the

cost to have a pet spayed or neutered.
"It's available to everyone," said Michele Girault, FOP board member. "There's no criteria except you need to have a pet fixed.

FOP was started 10 years ago when Debi Richmond, one of the organization's founders, delivered a small black puppy named Gwennie to Toni Merrigan and Roy Scheller. Volunteers now rescue about 200 dogs and cats each year, Girault said. They've even placed a pot-bellied pig.

The organization also helps pet owners

with emergency medical assistance and has

an educational program it presents in schools, in addition to its spay/neuter and rescue programs.

FOP rescues about 80 percent of its animals from the animal control center. Although the number of animals euthanized at the facility has fallen steadily in past years, an average of 275 animals each month are injected with a sleeping drug and cremated.

After an animal is rescued, an FOP vol-

unteer takes it to the vet to get spayed or neutered if needed, receive medical atten-tion for injuries or illnesses and have a comuter chip implanted so it can be identified puter chip implanted so it can be identified if it gets lost. Then the animal is placed in one of the organization's foster homes.

"People in private homes provide food, shelter and love until the animal can be adopted," Girault said. "It's always a challenge finding enough foster homes

Girault thinks Abrams' and Holladay's efforts will keep paying off.

"They did an awesome job," Girault said. "They helped raise the awareness of the whole community."

At least 25 people filled out adoption forms during Abrams' and Holladay's stint in the doghouse. Others volunteered to foster animals. Some, like Eisert, have already adopted a new pet.

"When I heard about this one that had been rescued, I just couldn't get her out of my mind," Eisert said. "I called FOP and left a message."

After the adoption forms were completed, Girault delivered Katie to her new

"Sometimes people get a little worried or scared wondering how this dog will fit into their home, but in our case it's been wonderful. It hasn't even been 24 hours and this dog is completely at home," Eisert said.

Reporter Rose Cox can be reached at rcox@-

KHTY deciding Elmo's fate: chipper or a lucky kid



MIKE EUASON/NEWS-PRESS

A fax from Aaron implored the station to "Kill Elmo Now! If he's not stopped now the

results could be a disaster - proof in one

Hal Abrams says he's going to make a statement with Elmo.

word: Barney.'

Tickle Me Elmo may not be laughing much The little red doll from "Sesame Street"

But another listener pleaded for Elmo's

let one of the fools with big bucks buy Elmo money to an organization in Santa Barbara from you at an obscene price and donate the a fax from Paula read. "... Why don't you can make some big bucks for a good cause?" "Why put him in a wood chipper when you County for kids?"

over the doll, which has been low in stock Elmo retails for \$27.99, frazzled consumers This madness follows a nationwide pablic and high in demand this season. Although have offered as much as \$2,000 for Elmo – dead or alive.

But the verdict is still out whether Elmo

Iis crime: perpetuating the greed of the hol-

Abrams, says the doll's fate is still up in the air. Whether Elmo lives or dies, people will leave with a positive message about the hol-The executioner, KIITY disc jockey Hal

"I'm doing it to make a statement," said Abrams, "Christmas is about giving and not greed."

And Elmo may be given a second lease on life. He could receive a last-minute reprieve - not from the governor, but from Santa Claus.

would be saved from the wood chipper by a Santa impersonator and donated to a child in the pediatrics ward, spokeswoman Janet Cottage Hospital understood the doll O'Nelli said.

dren. . . . The doll won't be destroyed," O'Neill "We'd like to have the doll for our chilsaid.

Stunt or no, many people aren't taking the

threat to Elmo's life as a, joke.

# or lucky kid Elmo to go to chipper

Continued from Page B1

"Greed or no greed, he's just too damn cool," said Zulema Rubalcava, a student at Santa Barbara City College and supporter of stuffedanimal rights.

"It's legal to do it as long as they're damaging their own property," he said. "Another strange But killing Elmo isn't a crime, said police Lt. Nick Katzenstein.

stunt -- it could only happen in

Santa Barbara."

rather a lesson. "I don't want to Elmo," he said. "Consumers start blame the companies who make Abrams says it's not a stunt, but

a difference," Abrams said. "This says, 'Wake up -- I have a \$2,000 ing it to one child and would "make Destroying the doll, however. would affect more people than givthe proceeds going to charity.

ry have auctioned the dolls with

Radio stations across the coun-

bearance at Kernohan's Toy Store sell nine and give one away — all by Ten live Elmos will make an apon Christmas Eve. The store will into the chipper," he added.

doll here, and I'm going to throw it

These Elmos better hope that KIITY doesn't purchase them.

the craze."

# Rumbles, Pt. 1

 WKQX/Chicago Dir./Mktg. Ray Mena rises to GSM for the Emmis station. Station Promo Mgr. Steve Levy takes over Mena's previous duties.

 KOSY/Sait Lake City began simulcasting its AC format on former Nostalgia station KSNU-FM, extending the station's coverage into Davis and Weber counties.

 KGGI/Riverside middayer Sonny Loco joins KISQ/SF for similar duties.

 Satellite Soft AC KEZF/Albuquerque flips to Rock under PD Dave Scott.

WBBM/Chicago hires AP Radio Network's Kenneth Herrera for mornings, partnering him with long-time anchor Felicia Middlebrooks.

• WXFG/West Palm Beach — which was WCLB when it was relaunched a year ago — is relaunched a third time as "Thunder Country."

 KWCY/Phoenix PM driver Bo Reynolds joins afternoon host Greg Thunder at KALC/Denver.

• Former Anaheim Angels radio announcer **Bob** Starr, 65, died Monday (8/3).

discrimination. The station could not be reached for comment.

As Chancellor Classic Rocker WAXQ/
New York moves toward a more musicintensive presentation, morning host

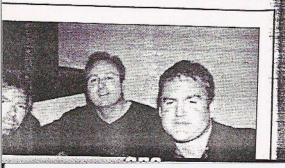
Darian O'Toole comes off the air.
Chancellor reportedly is exploring other
opportunities for O'Toole within the
company. Night jock Marc Coppola moves
to mornings on an interim basis.

While those teenagers who were going to lose their virginity on the Internet were just a hoax, KBOS/Fresno morning

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Abrams: A computer buff



# Rumbles, Pt. 2

 WJPZ/Syracuse VP/Prog. Dave Obenshine exits. Harry Waring becomes interim PD.

 WKKG/Columbus PD John Paul is named APD/ MD at WYRK/Buffalo.

 KDUK/Eugene, OR PD Barry McGuire joins KUMX/New Orleans for afternoons.

 Active Rock WALC/St. Louis picks up new WXTM calls to match its "Extreme" handle. Meanwhile, WJLK/Monmouth-Ocean, NJ Creative Services Dir. Jeff Fife joins for afternoons.

 Following PD Liz Janik's return to her consultancy, WXXY & WYXX/Chicago Prod. Dir. Harry Legg assumes acting PD duties.

 WRNO/New Orleans personality Ron Chatman adds interim PD duties.

 At Caribou's KPOI, KQMQ & KUHL/Honolulu, GM Bernie Armstrong and KQMQ PD Kimo Akane exit. 'QMQ MD Kathy Nakagawama is handling interim PD duties.

WKRQ/Cincinnati morning host JohnJay exits.

 Congrats to WQHT (Hot 97)/NY morning show mixer DJ Skribble, who won first place at the 1998 Mountain Dew DJ Mix-Off.

 CF Radio has completed its acquisition of WRCQ/Fayetteville, NC, and PD/MD Greg Patrick is now in place.

 WYZB/Ft Waiton Beach, Ft PD Nancy Knight picks up MD/night duties atWRBQ/Tampa. Night jock TR Campbell segues to afternoons, and Chuck Britton exits.

WGTZ/Dayton MD/middayer Dani Steele exits.

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host Hal Abrams made good on his promise (er, threat?) to become the first radio personality to cybercast a morning show in the nude. As part of the event, Abrams attempted to regain his virginity, using a hypnotherapist to return him to his teen years.

With KJQY/San Diego about to move to KXGL's frequency on Monday (8/10), it's expected that KXGL's entire airstaff will exit. Meanwhile, crosstown KKLQ has been driving its cume to co-owned CHR KHTS using promos ... and if that doesn't get them to make the switch, the nonstop "Macarena" will!

Best wishes for a speedy recovery go out to record promotion icon **Moe Preskell**, who is recovering from a successful bypass operation at Mt. Sinai Medical Center in Miami. Also, congrats to Moe and wife Sophie on their 54th anniversary this week.

Condolences go out to the friends and family of radio/TV pioneer "Buffalo Bob" Smith. The former Howdy Doody





- Tom Baldrica is boosted to BNA Reco VP/National Promotion.
- Mark Gorlick named Head/Promotion DreamWorks Records.
- Lee Hansen upped to VP/OM of KKSF/S
- Rob Morris promoted to KDWB/Minne
- The Real Don Steele dies of lung cand



- PolyGram purchases Motown Record million; Clarence Avant is installed as ( while Jheryl Busby remains as Preside
- KFRC-AM & FM/San Francisco sets Da Bramnick as VP/GM, Brian White as F Sharon Warren as Director/Sales.
- Ron Atkins tapped as OM of WVAZ/Ch



- AC WPIX/NewYork becomes NAC WQC Linden as PD.
- Harry Nelson named PD at WROR/Bos
- Sam Weaver recruited as PD of WAMO-Pittsburgh.

  A Lite Book M. T. Core.

  B Co
- Lite Rock KLTY/Kansas City becomes with Brian Burns as PD.
- KROQ/Los Angeles moves Poorman to m Richard Blade to afternoons.



- Lee Larsen lands at KOA & KOAQ/Denv VP/GM.
- Mike McVay promoted to Station Manage & WMJI/Cleveland.
- Hal Moore renamed PD of KHOW/Denve
- Erin Riley appointed MD of WMMR/Phila
- Stef Rybak tapped as MD for WKCI/New



- Dave Parks picked as National PD of Rat Communications.
- Dave Martin tapped as WBZ/Boston PD.
- Phil Hendrie joins WSHE/Miami as MD.
- WORJ/Orlando MD Bob Church adds du ter station WHLY.
- Moon Mullins moves to WDAF/Kansas C

# Records

- Interscope founding member and rock domo Michael Papale exited the label lass he'll open his own full-service consulting on y this fall.
- Mercurý/Nashville VP/Promotion Hughes exits.
- The Left Bank Organization forms a ne pendent label. Bevond. It will be beaded up